



## **Notice of Privacy Practices**

### **Breathe & Thrive Myofunctional Therapy**

#### **Our Commitment to Your Privacy**

We are committed to protecting your Protected Health Information (PHI). This Notice explains how we may use and disclose your information, your rights regarding that information, and our legal responsibilities under HIPAA.

#### **How We May Use and Disclose PHI**

We may use or disclose your PHI for treatment, payment, healthcare operations, appointment reminders, telehealth services, coordination of care with your authorized healthcare providers, and when required or permitted by law.

#### **Uses Requiring Your Authorization**

We will obtain your written authorization before using your PHI for purposes not otherwise permitted by law, including most marketing uses, testimonials, and identifiable photographs or videos.

#### **Your Rights**

You have the right to inspect or receive copies of your records, request corrections, request restrictions, request confidential communications, receive an accounting of certain disclosures, obtain a paper copy of this notice, and file a complaint without retaliation.

#### **Our Responsibilities**

We protect your PHI, follow this Notice, notify you of certain breaches involving unsecured PHI, and update this Notice whenever our privacy practices change.

#### **Questions or Complaints**

If you have questions or believe your privacy rights have been violated, please contact our Privacy Officer. You may also file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights.

#### **Practice Contact Information**

Privacy Officer: Ali Mundil, RDH  
Breathe & Thrive Myofunctional Therapy  
Phone: (515) 556-2604  
Email: breathethrivemyo@gmail.com  
Website: breathethrivemyo.com

## **Acknowledgment of Receipt**

I acknowledge that I have been offered a copy of the Breathe & Thrive Myofunctional Therapy Notice of Privacy Practices.

Patient Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (if applicable): \_\_\_\_\_